



## THE RAID PROVENCE EXTREME 2022

### OFFICIAL RACE RULES

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#### **1: Observation of the rules.**

Participants and their assistants are required to know and obey the rules. Ignorance of these rules will not be admitted as an excuse for any incident that might develop as a result of non-compliance with these rules. All questions will be answered before registration by email and/or at the pre-race meeting.

#### **2: Age and enrollment.**

The minimum age for participation is 18 years old. Participants who don't have a sport license provided by a Cycling Federation must

provide a medical certificate dated a maximum of three months before the enrollment date. This certificate must be provided with the enrollment form. In order to receive their race bib and race information, participants must provide their cycling license or, for those that are not licensed, a medical release specifying no contradiction to endurance cycling (not older than 3 months) as well as a copy of an individual policy or liability policy for the non licensed. In no instance will the organizing entity be responsible for any health problems suffered by a participant before, during and after the event.

### **3: Enrollment.**

Enrollment can be done on the website of the event and others. Enrollment can also be done by postal mail. The application form which can be downloaded on the website, can be filled and returned with bank check or bank transfer to the Raid Provence Extreme account, please ask for the information required.

The number of participants is limited. Each application will be reviewed rapidly to speed up the acceptance process.

The cost of the registration will be increasing price scale.

In case of cancellation, you will be entitled a refund only if a written notification is received a minimum of 30 days before the race and accompanied by a medical certificate or other valid document justifying the cancellation. Past this date, no refund will be allowed.

### **4: Insurance, Liability.**

Each participant is responsible for their own individual insurance policy either through a license from a cycling or cyclotourism federation or privately issued. Each participant agrees to these conditions by signing the application. The organizing entity will not be held responsible for any accidents before, during or after the race. Likewise, each individual collaborator, assistant and member of the organizing team will not be held responsible. As well, the organizer will provide a specific insurance certificate for the complete race to the non licensed riders, this certificate will protect the rider as he will be licensed.

### **5: Sports rules.**

**The Raid Provence Extreme** will be held under the French Cyclotourism Federation(F.F.C.T/FF VELO) rules Long Distance events. Other rules will derive from the general rules for international cycling events (UCI).

The race is open to the solo riders male and female, in 2 divisions, **ULTRAS and Grand Randonneur (G.R Bikepacking).**

- **The ULTRA age categories (male/Female)**

ULTRA - 49  
ULTRA 50/59  
ULTRA + 60

- **G.R age categories**

GR - 49  
GR + 50

**NOTA : Age limit for the G.R is 70 years old (RPE ORIGINE).  
Allowed on RPE SPRINT.**

**6: Organization of the event.**

The event will be directed by a race director who will be assisted by accredited marshals, permanently on the course from the start and until the last racer has finished

**7: RACE ROUTES :**

The RPE 2022 offers 2 routes.

**THE ORIGINE RPE, long 581.600 kms, 11650 m d+.**  
**THE SPRINT RPE, Long 265 kms, 5750 m d+.**

These two routes will be displayed on the event website

The GPX files will be provided to all the riders.

**8: Time Stations.**

Control stations will be located as is indicated on the Road Book and GPX of the RPE. These stations are supervised until the last racer has gone through. Each Support team or Crew will have to precisely note on their course booklet the exact time of passage at these check points and will hand in the records at the end of the race. The non identification at any of these time stations will automatically disqualify the rider.

The relay areas of the relay teams race will take place at all the Time Stations and must be strictly observed by the teams. The resting Teammate must check and being identified at the Time Stations. Some check points will also be rest / food areas.

### **9: Start and Timing.**

The start time and place will be special for each division of riders. Each rider will start individually, with a 2' break from the previous rider.

Start and finish locations will be in Bedoin.

The maximum time allowed to complete the route of the RPE will be fixed in time and all the riders'll be informed about, all details 'll be fixed at the Pre race meeting.

### **10: Complaints.**

Marshals or members of the organizing entity must be notified immediately of a complaint. These complaints will be examined by the marshal committee. The author of the complaint must also notify the organization of the same complaint by certified mail, within 24 hours of completion of the race. A check for 30 Euros must accompany the complaint review application. A resolution will be reached within 30 days thereafter.

### **11: Race Official.**

The race desk will be open for handing out of material the day before the race. Bike check and support vehicle check will be done.

Mandatory general meeting for all enrolled and crews will be on the same day at 6 p.m. The desk will remain open during the entire race and until the arrival of the last contestant whichever comes first. A contact phone number will be given to each assisting team, allowing them to contact the desk at any time. (re check point reports, stop longer than 30 minutes or any other course incident)

### **12: Emergency.**

An emergency phone number will also be communicated to all participants and crews. This number can only be used in case of accident or medical emergency.

### **13: Night Riding and Safety.**

During night riding hours, racers must ride accompanied by their support vehicle. These vehicles must be able to light the way for their cyclist. Each bike must also be equipped with a light that shines bright enough to be seen a minimum of 100 yards forward and 150 yards in the back.

Reflective material must be used for the pedals and at the back of the seat, on the back of the shoes and the front of the helmet. The general rules apply at night as well.

The **G.R** must have available a second lights material and a mobile phone in perfect order.

#### **14: Race Etiquette.**

No drafting will be allowed behind the support vehicle. No outside help from a vehicle non accredited by the event should be received. Racers cannot draft behind each other or ride in a pack. They are however allowed to ride next to one another for a duration not to exceed 30 minutes for the complete time of the race. Racers and their support vehicle must conform to road rules.

#### **15: Race Route and Check Points.**

Racers and their vehicles must follow the course as indicated on their course road book and GPX file. In the event that they stray off course, they must regain the route at the exact point at which they left it. No time or distance will be credited following for a course error.

#### **16: Medical Control.**

According to the rules of the international sports federation, any participants might be requested to submit to a drug test. A failure of the drug test or refusal to undergo the test will lead to automatic disqualification.

#### **17: Material and Equipment.**

The equipment used by the participants must conform with the general rules for all road cycling events. triathlon handlebars are allowed. Conforming headlights must be operational during the equipment check on the day before the race.

#### **18: Identification.**

(license plate and stickers) of the participant and support vehicle must be clearly visible. A rigid shell helmet is mandatory for all participants during the entire time.

#### **19: Crew and Support.**

Crew team must be composed of 2 to 3 people. The name of each member of the assistance team as well as the type and make of the support vehicle must have been registered in the addendum to the registration form . A copy of the driver's license must be provided with the registration. A team manager must be named. He will be the liaison between team and race organizers during the entire event. The crew team must respect the event rules or the participant itself will be penalized and the crew team removed.

A support crew will be authorized for 2 riders with adapted rules. The riders are not allowed to ride together, if they do, they will receive penalties from the Penalties Board Table. If they ride less than 1 km one from the other, the Support vehicle will be behind the second rider. If they ride with delays above 30 minutes, the Crew must choose one or the other and must inform the Race Directors about his choice. All details and rules will be discussed at the Pre Race meeting.

### **20: Rest Periods.**

There is no rule regarding the frequency and duration of rest stops. However, all stops must be done on the itinerary itself and in accordance with the parking rules of the area designated parking areas will be available at certain Time stations to offer safe resting areas. The crew team must notify the event marshals of any stop exceeding 30 minutes.

### **21: Support Vehicle.**

The vehicle must be a legal road vehicle and must be clearly identified with event stickers, a reflective triangle in the back and revolving lights on the top at night

The revolving flash light is not mandatory but highly recommended at night in addition to a powerful lighting system. The vehicle must drive always behind the participant and as far right as possible on the road so as not to be in the way of the general circulation. Parking lights must be on during the day light hours.

In the event that a participant passes another, the passing support vehicle has priority but the 2 vehicles must stay a minimum of 200 meters ( 600 feet ) away from one another.

Campers, RVs and SUVs exceeding 3.5 tons are not allowed.

The support vehicle will provide drinks, food and any other material to the racer by driving alongside the participant. This process may be done a maximum of 4 times per hour and the duration of the entire process cannot exceed 1 minute and must be done at times when it can be done safely. Wireless communication between participant and support vehicle are allowed. The team manager will be responsible for the vehicle.

### **22: Other Vehicles.**

If a participant wishes to bring in more vehicles (media or sponsor), a specific request must be made at the time of registration and a minimum of one month before the start of the race. It can be denied

automatically if not submitted within these details. The final decision will lie at the discretion of event organizers.  
The rules pertaining to these additional vehicles are different and will be provided to the participants upon approval.

**23: Media, Documents Ownership.**

The organizers will have the right to take any pictures during the race. Participants with their personal media vehicle will need to sign an extension contract. These contracts are private and only valid for participants who have previously requested them.

**24: Conclusion.**

These general rules may change without notice depending on circumstances and period of the event, the organizer 'ld decide it at any moment.

These rules can be downloaded from the web site of the event

Each participant is responsible for knowing these general race rules. French law and the laws of the road will settle any dispute, interpretation or disobedience of these rules

Bedoin, September 2021.